

Tending a Schoolyard Garden

is a teacher handbook that attempts to plant the idea of growing an edible schoolyard garden in the minds of educators.

Written in an easy to follow style with step by step instructions and plenty of illustrations, it offers teachers the necessary wherewithal as well as the confidence that this is doable.

The basis for proposing gardening as a central activity is that the **cyclical nature of all natural phenomena** becomes self evident through gardening. Aligning children to this understanding is considered the most essential educational need for present times; going

beyond theory, linking learning to practice; extending the classroom space to the outdoors. Through gardening, children become creators of their own knowledge – tried, tested, self validated.

Included in the handbook are essays for teacher orientation and notes on pedagogy. Linked to the school's kitchen and compost pit, it helps to draw children's attention to critical issues of food and nutrition, health and sanitation, energy and water.



An accompanying CD comes packed with over a hundred and thirty carefully selected resources: books, curricular ideas, lesson plans, DIY manuals, workbooks, video documentaries, green directories, teacher notes etc. No area of information is left wanting.

This handbook is based on field tests carried out at Anand Niketan in Sewagram, Wardha of an earlier publication titled *Our Land Our Life* by the

same researcher.

Although written as a school programme, anyone interested in taking up gardening activity with children will find the handbook extremely useful.

To obtain a copy of the book you may write to childrenstalim@gmail.com or call 0831-2460991.